

## TRINITY LUTHERAN CHURCH

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### SERMON OUTLINE -- JULY 9, 2023

# The Cure for Weariness

*(Matthew 11:28-30)*

**INTRODUCTION:** *Ever felt like giving up?*

## I. SOME CAUSES OF WEARINESS

- A. Waiting (Psalm 69:3)
- B. Fighting the enemy (2 Samuel 23:10)
- C. Criticism/persecution (Psalm 6:6-7)
- D. Do **you** have another cause?
- E. How about “works righteousness”? (Matthew 11:28)

## II. JESUS’ ANSWER TO WEARINESS

- A. He invites us to come to Him (Matthew 11:28a)
- B. He will lift us up “on eagles’ wings” (Isaiah 40:28-31)  
- *The only two religions: faith & works*
- C. He gives us real rest (Matthew 11:28b)
- D. He gives us a yoke of ease (Matthew 11:29-30)  
- *St. Augustine: “Our hearts are restless, until they rest in Thee”*

## III. OUR RESPONSE TO WEARINESS

- A. *The ‘honesty hour’...*
- B. Provide relief for someone else

**CONCLUSION:** *Rest time with father & mee maw*