



SERMON OUTLINE - SUNDAY, FEBRUARY 11, 2018

We All Have Our Ups & Downs

(Mark 9:2-9)

Transfiguration Sunday

INTRODUCTION: The origin of the saying –
“What goes up must come down”

I. JESUS & SOME DISCIPLES WENT **UP** A MOUNTAIN

- A. Going up a mountain is common in biblical stories
- B. Here, Jesus went up a mountain & brought others (Mark 9:1-2)

II. SOME SURPRISES CAME **DOWN** ONTO THE MOUNTAIN

- A. Moses and Elijah came down (Mark 9:4)
- B. God’s glory came down upon Jesus
(Exodus 34:29; Mark 9:2-3; Revelation 1:13-15)
- C. The disciples didn’t want to go down off the mountain (Mark 9:5)

III. JESUS WENT **DOWN** THAT WE MIGHT GO **UP**

- A. Down from heaven to earth, & up on the cross (John 3:14-16; 12:32)
- B. Down to grave & hell, up to heaven (1 Peter 3:18-19)
- C. One day He will take us up to heaven (Revelation 21:3-4)

CONCLUSION: Jesus is the **LORD** of all your *ups & downs*