



SERMON OUTLINE FOR MARCH 22, 2015

“Don’t Get Bent Out of Shape”

Luke 13:10-17

INTRODUCTION: *Old Frank was ‘bent out of shape’ . . .*

- I. IN OUR TEXT WE MEET SOMEONE
‘BENT OUT OF SHAPE’ BY SUFFERING (vv. 10-13)
 - A. Dr. Luke tells us this woman was “bent” physically & spiritually
 - B. Jesus touches this dear woman, heals her, & she stands up erect!
 - C. Her life had been filled with “*I can’t*s” . . .
 - D. Have you seen *circus elephants* bound to small wooden stakes?
 - E. Jesus frees us from what binds us & “bends us out of shape” and change our *I can’t*s to *I cans*! (Matthew 11:28)

- II. IN OUR TEXT WE MEET ANOTHER PERSON
‘BENT OUT OF SHAPE’ BY RELIGIOUS RULES (vv. 14-16)
 - A. He was the leader of the synagogue “bent out of shape” by legalism
 - B. He missed the joy of this woman’s healing due to the bitterness of legalism
 - C. Jesus confronts this joyless legalism (vv. 14-16)
 - D. Have you heard about the *cold water committee* in every church??
 - E. Jesus has come to free us from the unhappiness of legalism (v. 17; John 8:32)

CONCLUSION:

The old nursery rhyme – Humpty Dumpty (version 1 & version 2)
(There is no longer any reason to be bent out of shape!)