



# “The One Thing Needed”

Luke 10:38-42; Mark 6:30-34

INTRODUCTION: *The busy Pastor with a bad habit . . .*

- I. BUSY-NESS: THE DISEASE OF OUR TIME
  - A. A “badge of honour” or a symptom of a problem?
  - B. Let’s look at the apostles in Mark 6:30-34
  - C. Jesus invited them: *come with me to a quiet place*
  - D. Could you use the same things today?
  
- II. SO BUSY . . . BUT WHAT IS NECESSARY?
  - B. What is that “one thing needed”? (Luke 10:38-42)
  - B. Mary *sat at Jesus’ feet* (vv. 38-39)
  - C. Martha was “too busy” (v. 40)
  - D. What about you today?
  
- III. WITH JESUS IN THAT ‘QUIET PLACE’, WE DISCOVER THAT ONE THING NEEDED
  - A. It is the one thing Jesus gave to His apostles (Mark 6)
  - B. It is the one thing Mary had & Martha missed (Luke 10)
  - C. It is the one thing you cannot do without
  - D. What is it? **It is true rest** -- (Luke 10:42; Mark 6:34)
    1. **Being in God’s presence gives us rest**
    2. **God’s rest shuts the mouth of the lying devil**
    3. **God’s rest means sin’s burden is taken away**
    4. **God’s rest is finally that eternal rest in heaven**

CONCLUSION: Blind hymn writer Fanny Crosby:

*holy blindness helps us see what is really important . . .*