

The Burden of Grief

PSALM 23:4



THE BURDEN OF GRIEF (Psalm 23:4)

Introduction: *Dancing Carlos Andres fell asleep & awoke in heaven...*

- I. ARE YOU PASSING OR HAVE YOU PASSED *THROUGH THE VALLEY OF THE SHADOW?*
 - A. This valley of the shadow we call grief
 - B. Grief comes with the loss of someone or something dear to us
 - C. Grief is often an “invisible pain” *through the valley of the shadow* (Psalm. 23:4)

- II. GRIEF IS REAL AND WE CAN FACE IT
 - A. Only God knows the answers to all *the why's* in our life (1 Corinthians 13:12)
 - B. The Christian grieves, but not like an unbeliever (1 Thessalonians 4:13)

- III. OUR GOD IS A GOOD GOD...
EVEN IN THE FACE OF DEATH & GRIEF
 - A. This is where we begin as we are walking through grief's shadow (Psalm 34:8)
 - B. At the cross & death of Jesus we see God's heart & goodness for us
 - C. In the death of God's children we can be given a glance of His goodness & deliverance (Isaiah 57:12)
 - D. We can trust that we live as long as God plans for us to live (Psalm 139:16)
 - E. We don't lose hope for those who seem to be without faith & hope (Thank God for that thief on the cross next to Jesus (Luke 23:42-43)
 - F. Aren't you glad that we only need to walk through the **SHADOW** of death!?! (Psalm 23:4; 30:5)

Conclusion: *Only death's shadow can run over us (big deal)...
we can dance with Carlos Andres!!*