

# What Goes Up, Must Come Down

Mark 9:2-9

## Transfiguration Sunday

INTRODUCTION: *Up and down experiences...*

- I. JESUS & SOME DISCIPLES WENT **UP** A MOUNTAIN
  - A. Going up a mountain is common in biblical stories
  - B. Here, Jesus went up a mountain & brought others
  
- II. SOME SURPRISES CAME **DOWN** ONTO THE MOUNTAIN
  - A. Moses and Elijah came down
  - B. God's glory came down upon Jesus
  - C. The disciples didn't want to go down off the mountain
  
- III. JESUS WENT DOWN THAT WE MIGHT GO **UP**
  - A. Down from heaven to earth, & up on the cross
  - B. Down to grave & hell, up to heaven
  - C. One day He will take us up to heaven

CONCLUSION: Jesus is the LORD of all our *ups & downs*