



God's Cure for Weariness

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Sermon Outline

God's Cure for Weariness (Matthew 11:28-30)

Introduction: *Ever feel like 'giving up'?*

I. SOME CAUSES OF WEARINESS

- A. Waiting (Psalm 69:3)
- B. Fighting the enemy (2 Samuel 23:10)
- C. Criticism/persecution (Psalm 6:6-7)
- E. Do **you** have another cause??
- F. How about "works righteousness" (Matthew 11:28)

II. JESUS' ANSWER TO WEARINESS

- A. He invites us to come to Him (Matthew 11:28a)
- B. He will lift us up '*on eagles' wings*' (Isaiah 40:28-31)
 - *The only two religions: faith & works*
- C. He gives us real rest (Matthew 11:28b)
- D. He gives us a yoke of ease (Matthew 11:29-30)
 - *St. Augustine: "Our hearts are restless, until they rest in Thee"*

III. OUR RESPONSES TO WEARINESS

- A. An 'hour of honesty' ...
- B. Provide relief for someone else

Conclusion: *God's arms around our shoulders*