

Ups and Downs

Mark 9:2-9

Transfiguration Sunday

INTRODUCTION: *Up and down experiences...*

I. JESUS & SOME DISCIPLES WENT UP A MOUNTAIN

- A. Going up a mountain is common in biblical stories
- B. Here, Jesus went up a mountain & brought others

II. SOME SURPRISES CAME DOWN ONTO THE MOUNTAIN

- A. Moses and Elijah came down
- B. God's glory came down upon Jesus
- C. The disciples didn't want to go down off the mountain

III. JESUS WENT DOWN THAT WE MIGHT GO UP

- A. Down from heaven to earth, & up on the cross
- B. Down to grave & hell, up to heaven
- C. One day He will take us up to heaven

CONCLUSION: Jesus is the LORD of all our *ups & downs*